

# 30-DAY

*Bible Reading Plan for  
Disability Ministry Leaders*



# BIBLE READING PLAN



This plan is tailored for ministry leaders and volunteers working in Disability Ministry. It is designed to provide biblical insight, encouragement, and practical application for serving and supporting individuals with disabilities in churches and communities.

As you read and pray daily, may God inspire, equip, and uplift you reminding you that your role is impactful and cherished by Him. Each day, you are encouraged to draw closer to God and find fresh ways to share His love with those you serve.

## Day 1

- **Verse:** Genesis 1:27 – “So God created mankind in his own image, in the image of God he created them; male and female he created them.”
- **Question:** How does seeing others as God’s image-bearers affect how you serve them?
- **Prayer:** Pray for a heart that values every person as created in God’s image.
- **Take Action:** Treat each person in your ministry with dignity and respect, reflecting their God-given worth.

## Day 2

- **Verse:** Exodus 4:11 – “The Lord said to him, ‘Who gave human beings their mouths? Who makes them deaf or mute? Who gives them sight or makes them blind? Is it not I, the Lord?’”
- **Question:** How does this verse shape your understanding of God’s role in disabilities?
- **Prayer:** Ask for wisdom to see God’s purpose and presence in every individual.
- **Take Action:** Take time today to reflect on the unique gifts of each person in your ministry.

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## Day 3

- **Verse:** Psalm 139:13-14 – “For you created my inmost being; you knit me together in my mother’s womb.”
- **Question:** How does knowing that God carefully crafted each person change your view of them?
- **Prayer:** Pray for a deeper appreciation for God’s handiwork in everyone you serve.
- **Take Action:** Share a word of encouragement today with someone in your ministry, affirming their value.

## Day 4

- **Verse:** Leviticus 19:14 – “Do not curse the deaf or put a stumbling block in front of the blind, but fear your God. I am the Lord.”
- **Question:** How does this verse emphasize respecting those with disabilities?
- **Prayer:** Pray for a heart of reverence and compassion in how you interact with others.
- **Take Action:** Be mindful of any “stumbling blocks” in your ministry, and remove them to make your space welcoming.

## Day 5

- **Verse:** Isaiah 35:5-6 – “Then will the eyes of the blind be opened and the ears of the deaf unstopped.”
- **Question:** What hope does this vision of future healing give you for your ministry?
- **Prayer:** Pray for God’s healing and hope to be evident in your work.
- **Take Action:** Offer a prayer of encouragement with someone in your ministry, reminding them of God’s promises.

## Day 6

- **Verse:** Isaiah 42:16 – “I will lead the blind by ways they have not known.”
- **Question:** How does God’s guidance inspire you to lead others?
- **Prayer:** Pray for guidance as you serve and lead others.
- **Take Action:** Reflect on a new way to support or guide someone in your ministry today.



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## Day 7

- **Verse:** Micah 6:8 – “What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.”
- **Question:** How can you act justly and love mercy in your ministry?
- **Prayer:** Ask God for a heart for justice and mercy.
- **Take Action:** Show an act of kindness today that demonstrates God’s mercy.

## Day 8

- **Verse:** Matthew 11:28 – “Come to me, all you who are weary and burdened, and I will give you rest.”
- **Question:** How can you help others find rest in Christ?
- **Prayer:** Pray for peace and rest in your work.
- **Take Action:** Reach out to someone who may feel burdened and offer words of encouragement.

## Day 9

- **Verse:** Matthew 18:5 – “And whoever welcomes one such child in my name welcomes me.”
- **Question:** How does welcoming someone with disabilities reflect Jesus’ love?
- **Prayer:** Pray for an open and welcoming heart.
- **Take Action:** Take extra steps today to welcome each person in your ministry with warmth and love.

## Day 10

- **Verse:** Mark 2:3-4 – “Some men came, bringing to him a paralyzed man, carried by four of them.”
- **Question:** How can you help “carry” those in your ministry who may need extra support?
- **Prayer:** Pray for strength to support others effectively.
- **Take Action:** Reach out to someone who may need additional help and offer your support.



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## Day 11

- **Verse:** Luke 14:13-14 – “But when you give a banquet, invite the poor, the crippled, the lame, the blind.”
- **Question:** How can your ministry reflect God’s inclusive love?
- **Prayer:** Pray for a heart that values inclusion.
- **Take Action:** Invite someone new to your ministry or make someone feel extra welcome today.

## Day 12

- **Verse:** John 9:1-3 – “This happened so that the works of God might be displayed in him.”
- **Question:** How can disabilities reveal God’s work in your community?
- **Prayer:** Ask God to help you see His work in those you serve.
- **Take Action:** Share an encouraging story with someone in your ministry, showing God’s work in their life.

## Day 13

- **Verse:** Acts 3:6 – “In the name of Jesus Christ of Nazareth, walk.”
- **Question:** How does God’s power work through us to bless others?
- **Prayer:** Pray for God’s power to work through your service.
- **Take Action:** Offer to pray with someone in need of physical or emotional healing.

## Day 14

- **Verse:** 1 Corinthians 12:22 – “On the contrary, those parts of the body that seem to be weaker are indispensable.”
- **Question:** How does this verse impact your view of those with disabilities in the church?
- **Prayer:** Pray for unity and appreciation for all.
- **Take Action:** Encourage someone in your church by affirming their valuable role in the body.

## Day 15

- **Verse:** 2 Corinthians 12:9 – “My grace is sufficient for you, for my power is made perfect in weakness.”
- **Question:** How can God’s strength be seen in areas of weakness?
- **Prayer:** Thank God for His strength, even in moments of weakness.
- **Take Action:** Offer words of encouragement to someone today.

## Day 16

- **Verse:** Galatians 6:2 – “Carry each other’s burdens, and in this way you will fulfill the law of Christ.”
- **Question:** What does it mean to “carry” someone else’s burdens?
- **Prayer:** Ask for compassion to help others in their struggles.
- **Take Action:** Be intentional today about asking someone how you can pray for them.

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## Day 17

- **Verse:** Philippians 4:13 – “I can do all this through him who gives me strength.”
- **Question:** How does God’s strength empower you in your ministry?
- **Prayer:** Pray for strength to serve faithfully.
- **Take Action:** Reflect on God’s strength today and share it with others.

## Day 18

- **Verse:** Colossians 3:12 – “Clothe yourselves with compassion, kindness, humility, gentleness and patience.”
- **Question:** How can you show compassion and patience in your ministry?
- **Prayer:** Pray for a compassionate and patient spirit.
- **Take Action:** Show a specific act of kindness toward someone in your ministry today.

## Day 19

- **Verse:** 1 Thessalonians 5:11 – “Encourage one another and build each other up.”
- **Question:** How can you build others up in your ministry?
- **Prayer:** Pray for an encouraging spirit that uplifts others.
- **Take Action:** Reach out to a fellow volunteer or leader to offer encouragement.

## Day 20

- **Verse:** Hebrews 13:16 – “Do not forget to do good and to share with others.”
- **Question:** How can sharing God’s love impact your community?
- **Prayer:** Pray for opportunities to serve others.
- **Take Action:** Look for ways to serve someone.

## Day 21

- **Verse:** James 1:12 – “Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.”
- **Question:** How has God helped you persevere through challenges in your ministry?
- **Prayer:** Pray for resilience and strength.
- **Take Action:** Reflect on a recent challenge and thank God for helping you through it.

## Day 22

- **Verse:** 1 Peter 4:10 – “Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”
- **Question:** How can you use your unique gifts to serve those with disabilities?
- **Prayer:** Pray for clarity in recognizing and using your spiritual gifts.
- **Take Action:** Identify a gift and intentionally use it to serve someone in your ministry today.

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## Day 23

- **Verse:** 1 John 3:18 – “Dear children, let us not love with words or speech but with actions and in truth.”
- **Question:** How can you demonstrate God’s love through your actions?
- **Prayer:** Ask God for opportunities to show love through practical help.
- **Take Action:** Perform an act of service today that shows God’s love without needing words.

## Day 24

- **Verse:** Romans 12:15 – “Rejoice with those who rejoice; mourn with those who mourn.”
- **Question:** How can you be more empathetic toward the joys and struggles of those you serve?
- **Prayer:** Pray for a compassionate heart that can celebrate and empathize with others.
- **Take Action:** Connect with someone in your ministry and ask how you can celebrate or support them today.

## Day 25

- **Verse:** Isaiah 40:31 – “But those who hope in the Lord will renew their strength. They will soar on wings like eagles.”
- **Question:** In what ways has God renewed your strength when you felt weary?
- **Prayer:** Pray for renewed energy and endurance in your ministry.
- **Take Action:** Take a few moments of rest today, trusting that God will restore your strength for the work ahead.

## Day 26

- **Verse:** Matthew 5:16 – “Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”
- **Question:** How does your work in Disability Ministry reflect God’s light to the community?
- **Prayer:** Ask God to help your work shine His light to those around you.
- **Take Action:** Share a story or experience from your ministry that showcases God’s love and grace.

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## Day 27

- **Verse:** Galatians 5:13 – “You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.”
- **Question:** How does serving others in humility reflect God’s character?
- **Prayer:** Pray for humility and a servant’s heart in your work.
- **Take Action:** Look for a small, humble task you can do today to bless someone in your ministry.

## Day 28

- **Verse:** 2 Corinthians 1:4 – “He comforts us in all our troubles, so that we can comfort those in any trouble.”
- **Question:** How has God comforted you, and how can you share that comfort with others?
- **Prayer:** Thank God for the comfort He has given you and ask for ways to extend it to others.
- **Take Action:** Reach out to someone who may need comfort today and offer a word of encouragement or prayer.

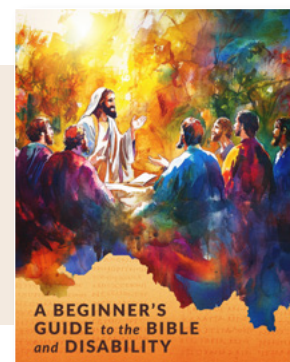
## Day 29

- **Verse:** Philippians 1:6 – “He who began a good work in you will carry it on to completion until the day of Christ Jesus.”
- **Question:** How does it encourage you to know that God is still working through you and your ministry?
- **Prayer:** Pray for continued growth and trust in God’s ongoing work in your life.
- **Take Action:** Reflect on how you’ve grown in your ministry and set a small goal to continue growing.

## Day 30

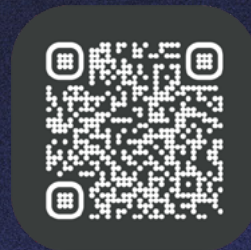
- **Verse:** Psalm 100:2 – “Worship the Lord with gladness; come before him with joyful songs.”
- **Question:** How can you bring joy and worship into your work with those you serve?
- **Prayer:** Thank God for the opportunity to serve in ministry and ask for a heart filled with joy and gratitude.
- **Take Action:** End your day by worshiping God with gratitude, reflecting on the journey of this 30-day plan and the ways He’s moving through your ministry.

*Additional 30-day reading plans for caregivers, people affected by disabilities, siblings, and plans highlighting disability in the Bible are available in the free resource, *A Beginner’s Guide to the Bible and Disability* from Ability Ministry.*





If you feel the call to start a disability ministry, or need assistance with an existing ministry, scan the QR code to request a free consultation.



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